

Three June 15, '61
P.D.T.

Dear Ruth and Carroll:

Whether we like it or not — we are on "Day Light" saving time. It surely keeps everything mixed up.

Now, it has been over ~~two~~ four weeks since your good and timely letter came. As always, we did enjoy it. Also, thank you for Laura's letter which I sent on to Ruth T soon after receiving it.

No doubt by this time you have had your trip to Spokane! Hopel it was a pleasant trip and enjoyable in every way! So you, too, have had sciatic trouble. I can really feel for you. In April, when we had a few days of good weather I did some speaking and wading a couple of days. This caused a strain in my right hip that caused the sciatic nerve to flair up. For a

week I sat on the electric pad
and took emperine - then went
to a doctor. He ordered X Rays of
the hip and sacroiliac. The
X Rays showed that I have arthritis
in my hip joint and sacroiliac.
The doctor dismissed me. Then
R.D. took me to see Nick. He
ordered more X Rays. As you
know, Nick has been a patient
of arthritis for many many years.
I had been having lots of headaches
which I thought were migraine
but Nick said they were an
arthritis type - it is in my
neck and shoulders. So now,
I think at long last, it has
been this condition working on
me for a few years - the
reason for all of my ails.
So you see what I mean about
sympathizing with you. How
did your B.P. check out?
I do hope fine.

Since my appt, Nick thinks

I should leave the gardening alone so I won't aggravate the sciatic nerve again. This throws the gardening burden on R.D. He has done real well but I don't really know if it is wise for him to do so much of it. It can get very burdensome week after week.

I took your advice and gave the weatherman heck. Hope you two are really living up this hot weather this week. I think it will go close to 95 degrees in the city today. However, it is very pleasant in our house with doors and windows closed.

R.D.'s High school class of 1911 plan to have a class reunion at Cottage Grove the first week of August. There were 10 in this class - 7 girls - 3 boys. All are living and, as far as we know, all plan to attend. Fifty years ago is quite a

long time at that.

It is good to know that Ruth is feeling well. I do hope both of you keep very well so you can make your eastern trip in September.

Two friends, who live in different places in California, plan to come to Portland in September. I do hope they do not come at the same time but it will be nice to see them in any case.

If you should give up your place there in Kelso, where do you plan to go? I hope not further away from Portland. It would be nice if you could occasionally run in for a "cup" of coffee and a chat.

Sunday, an old friend, who has retired - his wife gone, is coming for dinner. As he lives at the Willamette Manor, home for retired people, I asked him what he would like for dinner. He said he'd like some roast.

Lamb and strawberry short cake.
 Hell have it if the strawberries
 are not all cooked on the vine
 with this hot weather. I'm having
 cold sliced pork, swiss cheese,
 potato salad — don't know
 what else for our supper tonight.
 I cannot say I enjoy cooking
 in the heat of the day.

Well, my dear, I'll wear
 you out with this chit chat
 so better I sign off. Forgive
 my long delay and do write us
 again soon. We do so much
 enjoy your good letters.

In the meantime, take good
 care of Ruth and Carroll and
 keep happy.

Much love,

Bess.

P.S. Nope! I do not plan or
 want the shingles any more.

B.